



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>GROCERY LIST DUE EVERY MONDAY!</b>			1 9:45 Chair Exercise 10:30 Wii Bowling 1:30 Word Puzzles 2:15 Farkle (dice game) 3:30 Adult Coloring	2 7:00 Men's Bible Study <b>10:00 Piano w/Laura W.</b> 2:15 Puzzles (1 <sup>st</sup> & 2 <sup>nd</sup> FL) <b>6:00 Saturday Night Movie &amp; Popcorn!</b>
3 9:30 Exercise Machines 10:15 Word Puzzles 1:15 Free Game Time <b>2:30 Coffee/ Lemonade, &amp; Cookies (activity room)</b> 	4 9:45 Chair Exercise 10:30 Wii Bowling 2:15 Adult Coloring 3:30 Farkle (dice game) 3:45 Puzzles (1 <sup>st</sup> & 2 <sup>nd</sup> FL)	5 9:45 Chair Exercise 10:30 Wii Bowling <b>1:30 American Legion Meeting (private dining room)</b> 2:15 Farkle (dice game) 3:30 Word Puzzles	6 9:45 Chair Exercise 10:30 Wii Bowling <b>1:30 Health &amp; Wellness Round Table (activity room)</b> <b>"Understanding the Myths of Hospice"</b> <b>2:45 Manicures!</b> 3:30 Phase 10 (cards)	<b>Happy Birthday Joyce!</b> 7 9:45 Exercise Machines 10:15 Wii Bowling <b>1:30 Bible Study w/ Shirley (activity room)</b> <b>3:00 Worship w/Erick S. (activity room)</b> 3:45 Farkle (dice game) <b>6:30 Line Dancers Practice (dining room)</b>	8 9:45 Chair Exercise 10:30 Wii Bowling 1:15 Word Search <b>2:00 Music w/ Damian (dining room)</b> 3:30 Puzzles (1 <sup>st</sup> & 2 <sup>nd</sup> FL)	9 7:00 Men's Bible Study 10:00 Wii Bowling 3:30 Brain Fitness Sheets <b>6:00 Saturday Night Movie &amp; Popcorn!</b>
10 9:30 Exercise Machines 10:15 Word Puzzles <b>2:30 Coffee/ Lemonade, &amp; Cookies (activity room)</b> <b>3:30 Worship (activity room)</b> 	11 9:45 Chair Exercise 10:30 Wii Bowling 1:00 Word Search <b>2:00 Magician/ Comedian- Jonathan May (dining room)</b> 3:15 Farkle (dice game)	12 9:45 Chair Exercise 10:30 Wii Bowling <b>1:30 Card Making w/ Bette (activity room)</b> 2:30 Rummikub <b>3:30 Show &amp; Tell (bring your favorite Valentine decoration!)</b>	13 9:45 Chair Exercise 10:30 Wii Bowling 1:00 Adult Coloring <b>2:15 BINGO!!! (volunteers coming in to help)</b> 3:30 Farkle (dice game) 	<b>Valentine's Day!</b> 14 9:15 Exercise Machines <b>10:00 Music - Dave Gray &amp; Belle- golden retriever dog</b> <b>1:30 Bible Study w/ Shirley</b> <b>3:00 Worship &amp; Communion w/ Marshall (activity room)</b> 3:45 Nuts 'n Bolts w/Caitlyn	15 9:45 Chair Exercise 10:30 Wii Bowling 1:30 Manicures! 2:15 Farkle (dice game) 3:30 Activity Meeting & Updates	16 7:00 Men's Bible Study <b>10:00 Piano w/ Laura W.</b> 3:15 Puzzles (1 <sup>st</sup> & 2 <sup>nd</sup> FL) <b>6:00 Saturday Night Movie &amp; Popcorn!</b>
17 9:30 Exercise Machines 10:15 Word Puzzles <b>2:30 Coffee/ Lemonade, &amp; Cookies (activity room)</b> <b>3:30 Sing Along w/ DeAnn &amp; Friends (activity room)</b>	18 9:45 Chair Exercise 10:30 Wii Bowling 1:30 Adult Coloring 2:15 Farkle (dice game) <b>3:00 Piano Music w/ Marshall (activity room)</b>	19 9:45 Chair Exercise 10:30 Wii Bowling 1:00 Word Puzzles <b>2:15 Birthday Party!</b> 3:30 Phase 10 (cards)	20 9:45 Chair Exercise 10:30 Wii Bowling 1:00 Brain Fitness Sheets <b>2:30 Cocktails &amp; Conversations w/ Renee (dining room)</b> 3:30 Farkle (dice game)	21 9:45 Chair Exercise 10:15 Wii Bowling <b>1:30 Bible Study w/ Shirley (activity room)</b> <b>3:00 Worship w/ Brad S. (activity room)</b> <b>6:30 Line Dancers Practice (dining room)</b>	22 9:45 Exercise Machines 10:15 Wii Bowling <b>1:30 Manicures!</b> 2:15 Farkle (dice game) <b>3:30 Flute Music w/ Lora (activity room)</b>	23 7:00 Men's Bible Study 10:00 Wii Bowling 3:15 Puzzles (1 <sup>st</sup> & 2 <sup>nd</sup> FL) <b>6:00 Saturday Night Movie &amp; Popcorn!</b>
24 9:30 Exercise Machines 10:15 Word Puzzles <b>2:30 Coffee/ Lemonade, &amp; Cookies (activity room)</b> <b>3:30 Worship (activity room)</b>	25 9:45 Chair Exercise 10:30 Wii Bowling 1:45 Maze Puzzles 2:15 Farkle (dice game) <b>3:30 Music! Ballard High School Choir (dining room)</b>	26 9:45 Chair Exercise 10:30 Wii Bowling <b>11:30 Kumla Lunch</b> 1:30 Word Puzzles 2:15 Rummikub <b>3:30 Music &amp; Devotion w/ Rachel V. (activity room)</b>	27 9:45 Chair Exercise <b>10:30 Music w/ Mike Lozano (dining room)</b> <b>2:15 BINGO!!! (volunteers coming in to help)</b> <b>3:15 Manicures!</b> 3:45 Puzzles (1 <sup>st</sup> & 2 <sup>nd</sup> FL)	<b>Happy Birthday Ruth!</b> 28 9:45 Exercise Machines 10:30 Wii Bowling <b>1:30 Bible Study w/ Shirley</b> 2:15 Word Puzzles <b>3:00 Worship w/ Eric K. (activity room)</b> 3:45 Farkle (dice game)	<b>Birthdays:</b> <b>Joyce Miller 7<sup>th</sup></b> <b>Ruth Whipp 28<sup>th</sup></b> <b>Marilyn McCauley 29<sup>th</sup></b>	

\*Activities are subject to change\*

\*Coffee available upon request\*