








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2019</p> 		<p>New Year's Day! 1</p> <p>9:45 Exercise Machines 10:30 Wii Bowling 1:00 Movie Matinee! 2:15 Word Puzzles 3:00 Rummikub Game 3:45 Brain Fitness</p>	<p>2</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 12:45 Wal-Mart (rsvp) 1:15 Phase 10 (card game) 2:30 Adult Coloring 3:30 Resident Meeting!</p>	<p>3</p> <p>9:45 Exercise Machines 10:15 Wii Bowling 1:30 Bible Study w/ Shirley 2:15 Word Puzzles 3:00 Worship w/ Eric K. (activity room) 3:45 Farkle (dice game)</p>	<p>4</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 2:00 Music w/ Pat Lydon (dining room) 3:15 Manicures! 4:00 Range of Motion</p>	<p>5</p> <p>7:00 Men's Bible Study 10:00 Piano w/Laura W. (activity room) 1:00 Movie Matinee! 2:15 Puzzles (1st & 2nd FL) 6:00 Saturday Night Movie & Popcorn!</p>
<p>6</p> <p>9:30 Exercise Machines 10:15 Word Search Puzzles 1:15 Free Game Time 2:30 Coffee/ Lemonade (activity room)</p> 	<p>7</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 10:45 Lunch Outing @ Fuji (rsvp) 2:15 Adult Coloring 3:30 Farkle (dice game) 4:00 Range of Motion</p>	<p>8</p> <p>9:00 Word Puzzles 10:00 Presentation w/ Julie (activity room) 12:45 Wii Bowling 2:00 Rummikub 3:30 Chair Exercise</p>	<p>9</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 1:00 Brain Fitness 1:30 Health & Wellness Round Table- VST Balance 2:45 BINGO! 3:30 Manicures!</p>	<p>10</p> <p>9:45 Chair Exercise 10:15 Wii Bowling 1:30 Bible Study w/ Shirley 3:00 Worship & Communion w/ Marshall (activity room) 3:45 Range of Motion 6:30 Line Dancers Practice</p>	<p>11</p> <p>9:45 Exercise Machines 10:30 Wii Bowling 1:30 Word Search Sheets 2:15 Farkle (dice game) 3:30 Puzzles (1st & 2nd FL)</p> 	<p>12</p> <p>7:00 Men's Bible Study 10:15 Adult Coloring 1:00 Movie Matinee! 3:30 Brain Fitness Sheets 6:00 Saturday Night Movie & Popcorn!</p>
<p>13</p> <p>9:30 Exercise Machines 10:15 Word Search Puzzles 2:30 Coffee/ Lemonade (activity room) 3:30 Worship (activity room)</p> 	<p>14</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 12:45 Ice Cream Trip @ Hickory Park (rsvp) 2:00 Farkle (dice game) 3:00 Piano Music w/ Marshall (activity room) 4:00 Range of Motion</p>	<p>15</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 1:30 Cards w/ Bette (activity room) 2:45 Phase 10 (cards) 3:30 Word Puzzles</p>	<p>16</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 2:30 Cocktails & Conversations w/ Renee (dining room) 3:00 Music w/ Damian 3:45 Farkle (dice game) 4:00 Range of Motion</p>	<p>17</p> <p>9:45 Exercise Machines 10:15 Wii Bowling 1:30 Bible Study w/ Shirley 2:15 Adult Coloring & Reminiscing (activity room) 3:00 Worship w/ Marcia (activity room) 3:45 Phase 10 (cards)</p>	<p>18</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 1:15 Dollar Store (rsvp) 2:00 Brain Fitness 3:00 Farkle (dice game) 4:00 Range of Motion</p>	<p>19</p> <p>7:00 Men's Bible Study 10:00 Piano w/ Laura W. (activity room) 1:00 Movie Matinee! 3:15 Puzzles (1st & 2nd FL) 6:00 Saturday Night Movie & Popcorn!</p>
<p>20</p> <p>9:30 Exercise Machines 10:15 Word Search Puzzles 2:30 Coffee/ Lemonade (activity room) 3:30 Sing Along w/ LeAnn & Friends (activity room)</p> 	<p>21</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 1:30 Adult Coloring 2:15 Farkle (dice game) 3:30 Unscramble the Words- sheets left on table (activity room)</p>	<p>22</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 11:30 Kumla Lunch 1:00 Word Puzzles 2:15 BINGO! 3:30 Piano & Devotion w/ Rachel V. (activity room)</p>	<p>23</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 1:30 Movie Matinee! 2:30 Puzzles (1st & 2nd FL) 3:45 Rummikub Game (on table outside of the activity room) up to 4 players!</p>	<p>24</p> <p>9:45 Chair Exercise 10:15 Wii Bowling 11:30 Music w/ Mike L. (in dining room during lunch) 1:30 Bible Study w/ Shirley 3:00 Worship w/ Eric K 3:45 Manicures! 6:30 Line Dancers Practice</p>	<p>25</p> <p>9:45 Exercise Machines 10:15 Wii Bowling 1:30 Word Puzzles 2:15 Farkle (dice game) 3:30 Brain Fitness Sheets (left on table in the activity room)</p>	<p>26</p> <p>7:00 Men's Bible Study 10:30 Adult Coloring 1:00 Movie Matinee! 3:15 Puzzles (1st & 2nd FL) 6:00 Saturday Night Movie & Popcorn!</p>
<p>Happy Birthday LaVonne! 27</p> <p>9:30 Exercise Machines 10:15 Word Search Puzzles 2:30 Coffee/ Lemonade (activity room) 3:30 Worship (activity room)</p>	<p>28</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 12:45 North Grand Mall Trip (rsvp) 1:45 Maze Puzzles 2:30 Farkle (dice game) 4:00 Range of Motion</p>	<p>29</p> <p>9:45 Chair Exercise 10:30 Wii Bowling 1:30 Mark Lowry on Broadway DVD- very funny! (activity room) 2:15 Puzzles (1st & 2nd) 3:30 Phase 10 (cards)</p>	<p>30</p> <p>9:45 Chair Exercise 10:15 Wii Bowling 10:30 Fareway Trip (rsvp) 1:00 Manicures! (activity room) 2:15 Birthday Party! 3:30 Wheel of Fortune- come join the fun! (activity room)</p>	<p>31</p> <p>9:45 Exercise Machines 10:30 Wii Bowling 1:30 Bible Study w/ Shirley 2:15 Word Puzzles 3:00 Worship w/ Emily (activity room) 3:45 Farkle (dice game)</p>	<p>Birthdays: LaVonne Clark 27th</p> 	

Activities are subject to change

GROCERY LIST DUE EVERY MONDAY!

Coffee available upon request